



Announcement



Australian Open Short Track Championships

7:00 am to 12:30 pm
3:30 pm to 7:30 pm Friday 30th Sept
7:30 am to 1:30 pm Saturday 1st Oct

2016

Canterbury Olympic Ice Rink
17A Phillips Ave, Canterbury

Principal Sponsor



Australian Government
Australian Sports Commission



AUSTRALIAN ICE RACING

**Registration closes on
Friday 2nd September 2016 at 5.00pm**

Click the link to register - [Individual entry](#), [Relay entry](#)

CONTACT

All queries should be addressed to the Event Coordinator: Sean O'Brien
Email: president@iceracingnsw.org.au
Mobile: 0419 929 816

ACCOMMODATION

Listed below are motels/hotels in the Canterbury vicinity. Accommodation will need to be booked early.

Travelodge Bankstown

<https://www.bankstownsports.com/accommodation>

Address: 8 Greenfield Parade, Bankstown, NSW, 2200

T: + 61 2 9793 0000 | F: + 61 2 9793 2439

Travelodge is offering reduced flat rate of \$149 per room per night for our event. This rate is valid from Monday 26th September through to Sunday 2nd October. For an additional \$20 per room per night, they also have executive rooms (top 2 floors).

Booking to be made by phone and quote Ms. Erin O'Donnell's name if any questions.

Comfort Inn & Suites Burwood Sydney

www.comfortburwood.com.au

117 Liverpool Road, Burwood, Sydney

T: +61 2 9744 0521

BreakFree Bankstown International

www.breakfree.com.au

477 Chapel Road, Bankstown

T: + 61 2 9790 4700

Town & Country Motel

www.townandcountry.com.au

401-405 Liverpool Road, Strathfield South

T: + 61 2 9642 0444

other skaters to wear either a Cut Resistant Racing Suit or Cut Resistant under garments in all AIR sanctioned events.

COACHES & ATHLETES BRIEFING – The Referee may give a briefing on rules at a date and time to be set by the Organising committee. Coaches, State or Country managers, and athlete's representatives are encouraged to attend.

ANTI-DOPING

Australian Ice Racing Inc and its affiliates have adopted the AIR Anti-Doping Policy. Competitors at this competition may be subject to testing.

It is the responsibility of all skaters to be familiar with the policy and ensure they achieve compliance.

This is particularly so for athletes using anti-asthma medications. Athletes who are using such substances should check with the Drugs in Sport Hot Line **1 300 027 232**. **Please read the ASADA Fact Sheet in relation to use of a prohibited substance. The Fact Sheets are available on the AIR website or the ASADA website.**

All competitors must make themselves aware of the content of any ISU Communication on Drug testing use in short track speed skating. Copies will be available from state secretaries or at AIR www.australianiceracing.org or ISU www.isu.org or ASDA www.asada.gov.au.

POLICIES AND CODE OF CONDUCT

CODE OF CONDUCT – The following Australian Ice Racing Inc's code of conduct will apply. Breach of such conduct may result in being removed from the event.

- Athlete's code of conduct
- Coach's code of conduct
- Spectator's code of conduct
- Official's code of conduct
- Parent/Guardian code of conduct
- Administrator/Volunteer code of conduct

POLICIES – Australian Ice Racing Inc's policies, including but not limited to the following, will apply and it is the competitors' responsibility to familiarise such policies on AIR Inc's website: www.australianiceracing.org

- Social Media policy
- Member Protection policy
- Anti-doping policy

DIVISIONS & DISTANCES

The competitor's division is based on age as at 1st July 2016

Age Divisions for Ladies and Men:

- Nipper under 9 Must be under 9 by 1 July 2016
- Midget 9 – 11 Must be 9 and under 12 by 1 July 2016
- Sub-Junior 12 – 14 Must be 12 and under 15 by 1 July 2016
- Junior 15 – 16 Must be 15 and under 17 by 1 July 2016
- Senior 17 – 30 Must have reached 17 by 1 July 2016
- Masters Divisions and Distances:
 - Age as at 1 July in the year of the competition:
 - 30 to 34 years
 - 35 to 39 years
 - 40 to 44 years
 - 45 to 49 years
 - 50 to 54 years
 - 55 to 59 years
 - And each 5-year division after 60 years
- Athletes With Disabilities

Distances for Ladies and Men:

- Nipper 111m, 222m, 333m, 500m
- Midget 222m, 333m, 500m, 777m
- Sub-Junior 333m, 500m, 777m, 1000m
- Junior 500m, 777m, 1000m, 1500m
- Senior 500m, 1000m, 1500m, 3000m
- Masters 500m, 1000m, 1500m, 3000m
- Athlete With Disability 222m, 333m, 500m

Relay Divisions and Distances:

Open	Senior Ladies	Master Men	Master Ladies	Junior	Sub-Junior	Midget*
Heats 3000m Final 5000m	3000m	3000m	3000m	3000m	3000m	2000m

* **Note:** Midget division relay will only be run at the total discretion of AIR based on the number of entries, race program timing and the recommendation from the referee after consideration of skaters' abilities and safety issues. Clubs are encouraged to enter teams for Midget relay and the entry fee will be fully refunded if the relay is not run or certain team is not included in the relay.

INDIVIDUAL RACES

- a. A skater may enter only one division for the individual competition.
- b. A skater may race up only one age division from their natural age division, unless:
 - I. The skater wishes to skate in the open or senior division for their gender, **and**
 - II. The skater has reached 14-years of age before the 1st of July preceding the competition, **and**
 - III. The skater has achieved 2 of 3 distances in the current or previous season for the Senior division relevant to their gender as per the National Elite Development Program in the AIR's Sports Development Program, as shown in the following table

	500m	1000m	1500m
Senior Men	46.80	1:34.80	2:27.037
Senior Ladies	49.50	1:39.50	2:35.353

- IV. Achieved those times either at the previous and current season's International Competitions, National Championships, State Championships, events (including club racing) that are sanctioned by AIR and AIR's affiliated state members, testing conducted by coaches as per the AIR Sports Development Program, or sanctioned Time Trials as per the AIR National Selection Policy.
 - V. The skater will be able to compete in a relay in their natural age group and/or in a senior/open relay team.
- c. A Masters division skater may race down into the open division for the individual competition however will not be able to compete in the Masters division in the same competition. They may skate in the Masters relay event at the same competition.

RELAYS

- a. A skater may race in any age divisions for a relay team in which they qualify, but may not race in any more than two age divisions higher than their natural age division.
- b. Names of any skaters who are to be skated up for the Midget relay from Nipper must be submitted at the same time as the entry form for prior approval before the event.
- c. Masters may only skate down into a senior division relay.

Nipper, Midgets and Sub-Junior individual distances will be run for both boys and girls if sufficient numbers are entered. If there are insufficient entries, then both boys and girls will be combined.

Individual events will be run for both Ladies and Men in the Junior, Intermediate and Senior divisions.

In the Junior division, if insufficient entries are received then competitors are automatically moved to the Senior division. The Organising Committee will advise entrants if any of the above alterations are required.

The competitor steward has full discretion of actual divisions run for the competition depending on the entry numbers.

Multiple entries within a division will be accepted.

Clubs must declare the entrants for each team 30 minutes prior to the commencement of relay racing for that division. No changes will be permitted beyond this point except where a team has nominated a reserve that is not a member of any other team.

The 3000m events will consist of A and B finals as per the Senior division.

Depending on final entries for age groups within the Masters division, competitors may be moved up or down by the Organising Committee, whichever is deemed necessary to create a viable division. Competitor points will be awarded for the division entered. Competitors will be notified of any changes prior to commencement of the championship.

If there are insufficient entries in the Ladies Masters division, then competitors will be automatically transferred to the appropriate Men's Masters division.

ATHLETES COMMISSION BRIEFING – AUSTRALIAN ATHLETES

The AIR Athletes Commission will be holding 2 briefings:

Thursday, 29th September 2016 – 7.30pm

Thursday, 29th September 2016 – 8.30pm

All athletes and parents of athletes under 18 are requested to attend either one of the briefings.

SESSION TIMES

TRAINING:

Wed, 28 th September 2016	All Divisions	5.45am to 8am (Please note it is AM)
Thur, 29 th September 2016	<i>Midget, Nipper, Sub Jnr.</i> <i>All Other Divisions</i>	6.30pm – 7.15pm 7.30pm – 8.15pm

\$20 entry fee at rink entrance

Equipment will be inspected on Thur night

RACING:

Day 1

Fri, 30 th September 2016	<i>Session 1</i>	7.00am – 12.30pm
	<i>Session 2</i>	3.30pm - 7.30pm

Day 2

Sat, 1 st October 2016		7.30am - 1.30pm
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Note: Competition times may change depending on the number of skaters entered

FEES

TRAINING FEES

All divisions **\$20.00**

Payable on entry to the session

COMPETITION FEES

Nipper, Midget & Sub-Junior: **\$155.00**

All other divisions: **\$185.00**

Relay Teams: **\$145.00**

Competition fee must be paid (Visa or Mastercard card) via online registration system by 2nd September 2016.

A late fee of \$50 will be charged for entries submitted between 3rd September and 9th September.

DINNER PRESENTATION AND MERCHANDISE

Details of the Presentation dinner are as follows:

Date: Saturday, 1st October 2016

Time: 6pm

Venue: Bankstown Sports Club

Cost: Adult - \$68 (3 courses meal), Children (12 and under, 2 courses meal) - \$25, cash bar

[Click here](#) to purchase your dinner tickets and merchandise by no later than 2nd September 2016 if you are not a competitor and are not registering for the competition.

The following items will be made available for purchase via on the online registration system **until Friday, 9th September 2016.**

- Presentation dinner tickets
- T-shirts - \$25, [click here](#) to view sample